

# E-Consult Coalition News

May 2023

## Join us for the CTPC Legislation Committee Meeting 5/11

We work closely with the California Telehealth Policy Coalition to ensure our coalition's perspectives are incorporated in policy and reimbursement recommendations. Join us for this month's CTPC Legislation Committee on Thursday.

Legislation Committee

5/11, 1-2 PM PT

[Zoom link here](#)

## June Coalition Roundtable: E-Consult Dashboard: Access and Equity

Join for us for a presentation of a California-wide dashboard demonstrating e-consult's impact on patient equity and access to specialty care. This month's coalition meeting will also feature a panel discussion on the potential of e-consult to help address health equity challenges

E-Consult Dashboard: Access and Equity

6/14 12-1 PM PT

[Register here.](#)

eConsult Volume by County



## Mental Health Awareness Month



## The Practice of Psychiatric E-Consultation: Current State and Future Directions

This article affiliated with Harvard Medical School presents a narrative review of the existing literature on psychiatric e-consultation. The review aims to provide guidance on psychiatric e-consult practice and suggest future research directions. The review highlights the benefits of psychiatric e-consults, including improved access to specialist guidance in mental health care and primary care provider satisfaction. The review also discusses the contextual factors that affect the implementation of psychiatric e-consult services and the specific practical considerations that may affect psychiatric e-consult technique. The article concludes that psychiatric e-consults may help address the widespread lack of access to specialty psychiatric care and calls for further studies to examine clinical outcomes based on psychiatry e-consults.

## Child and Adolescent Psychiatry Portal: Has your clinic signed up?

Clinics in California have access to the Child and Adolescent Psychiatry Program (CAPP) offered by UCSF Benioff Children's Hospital, Oakland. As part of this program, primary care providers have access to behavioral and mental health specialists through a hybrid program offering both e-consults and phone consults, depending on the provider's preference. Clinics can sign up to participate in this program [here](#).



## Asian American and Pacific Islander Heritage Month



## Gaps in Mental Health Care for Asian and Pacific Islander People and Other People of Color

A February 2023 Kaiser Family Foundation publication notes that among people with mental illness, Asian people are [less likely](#) to utilize mental health services compared to other racial and ethnic groups. In 2021, among adults with any mental illness in the past year, only 25% of Asian adults reported receiving mental health services compared to 52% of White adults (Figure 1). Research points to the [lack](#) of a diverse mental health provider workforce and the [absence of culturally informed treatment options](#) for Asian people, which may contribute to lower utilization. Noncitizens and individuals with limited English proficiency may face

increased barriers to accessing care, including [immigration-related fears](#) and lack of access to linguistically appropriate services. Additionally, some subgroups of Asian and NHOPI people have higher uninsured rates and are more likely to face social and economic challenges that may pose logistical and financial challenges to accessing care.

Access to telehealth and e-consult may allow Asian Americans to remain in their medical home while receiving the access to specialty care that they need.

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## E-Consult Resources

Visit [econsultworkgroup.com](http://econsultworkgroup.com) for recent publications, policy updates, and educational materials. Contact us at [econsultworkgroup@bluepathhealth.com](mailto:econsultworkgroup@bluepathhealth.com).

The E-Consult Coalition Website and News are authored and maintained by [BluePath Health](#).