

What to convey to an ECM member	Community Supports help meet members' health & wellness needs	
<p>You will have a dedicated Lead Care Manager who will coordinate care for health and health-related services. Your Lead Care Manager will provide care to you by phone, in-person or where you live. They can also:</p> <ul style="list-style-type: none">  Find doctors and make your appointments  Coordinate your transportation to and from appointments  Help with managing medications  Coordinate with local resources, called Community Supports, as needed for: <ul style="list-style-type: none"> Food Housing Other social services 	<p>Housing Navigation</p>  If you are experiencing homelessness or at risk of experiencing homelessness, you may receive help to find, apply for and secure permanent housing.	<p>Recuperative Care (Medical Respite)</p>  After hospitalization, if you are without stable housing and still need to heal from an injury or illness, you may receive short-term residential care also called recuperative care.
	<p>Housing Deposit</p>  You may also receive assistance with housing fees, such as security deposits and setting up utilities, like gas and electricity.	<p>Caregiver Services (Respite Services)</p>  Short-term relief for your caregivers. You may receive caregiver services in your home or in an approved facility on an hourly, daily, or nightly basis as needed.
	<p>Housing Tenancy & Sustainability</p>  Once housing is secured, you may receive support to maintain your tenancy, such as coordination with landlords to address issues, assistance with annual housing recertification process, and connecting to local resources to prevent eviction.	<p>Home Modifications</p>  Physical changes can be made to your home to improve your health, safety, and independence. Changes include ramps and grab-bars, doorway widening if you use a wheelchair, stair lifts, or making bathrooms wheelchair accessible.
	<p>Personal Care and Homemaker Services</p>  You may receive in home support such as bathing or feeding, meal preparation, grocery shopping, and someone to go with you to medical appointments if you require assistance with Activities of Daily Living.	<p>Asthma Remediation</p>  Physical modifications can be made in your home to avoid acute asthma episodes due to environmental triggers like mold. Modifications can include filtered vacuums, dehumidifiers, air filters, and ventilation improvements.
<p>There is no added cost for ECM. ECM does not replace:</p> <p>Benefits. ECM is an additional benefit.</p> <p>Doctors. Keep your doctors and other providers.</p> <p>Options. Join, if eligible, or cancel at anytime.</p>	<p>Medically Supportive Food/ Medically Tailored Meals</p>  You may receive deliveries of nutritious, prepared meals and healthy groceries to support your health needs. You may also receive vouchers for healthy food and/or nutrition education.	<p>Sobering Centers</p>  If found publicly intoxicated, you will be provided a short-term, safe, supportive environment to become sober with services such as medical triage, a temporary bed, meals, counseling, and linkage to other health care services.
	<p>Nursing Facility Transition to Assisted Living Facilities</p>  If you are living at home or in a nursing facility, you can transfer to an assisted living facility to avoid nursing facility institutionalization. You will receive services to such as support with daily living activities, medication oversight, and 24-hour onsite direct care staff.	<p>Community or Nursing Facility Transitions to a Home</p>  If you are transitioning from a nursing facility to a private residence where you will be responsible for your expenses, you can receive funding for security deposits, set-up fees for utilities, and health-related appliances, such as air conditioners, heaters, or hospital beds.
	<p>Day Habilitation Programs <i>(only for Kaiser Permanente members)</i></p>  If you are, were, or are at risk for homelessness, you can receive mentoring to learn skills, such as: <ul style="list-style-type: none"> • Using public transportation • Cooking and cleaning • Managing personal finances 	<p>Short-Term Post Hospitalization Housing <i>(only for Kaiser Permanente Members)</i></p>  You can receive temporary housing if you have been discharged from an inpatient clinical setting, residential SUD treatment or recovery facility, residential mental health treatment facility, correctional facility, nursing facility, or recuperative care.