## What to convey to an ECM member

# Community Supports help meet members' health & wellness needs

health and health-related services. Your Lead Care Manager will provide care to you by phone, in-person or where you live. They can also:

You will have a dedicated Lead Care

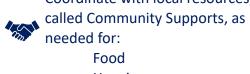
Manager who will coordinate care for







Coordinate with local resources,

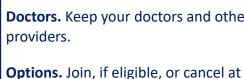


Housing Other social services

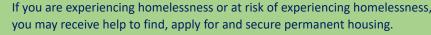
## There is no added cost for ECM, ECM does not replace:

Benefits. ECM is an additional benefit.

**Doctors.** Keep your doctors and other providers.



anytime.



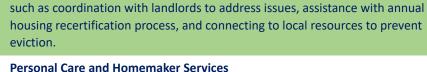
**Housing Navigation** 

**Housing Deposit** 

## You may also receive assistance with housing fees, such as security deposits

and setting up utilities, like gas and electricity.

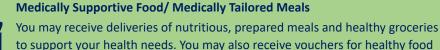
#### **Housing Tenancy & Sustainability** Once housing is secured, you may receive support to maintain your tenancy,



housing recertification process, and connecting to local resources to prevent

## preparation, grocery shopping, and someone to go with you to medical appointments if you require assistance with Activities of Daily Living.

You may receive in home support such as bathing or feeding, meal



to support your health needs. You may also receive vouchers for healthy food and/or nutrition education.

and 24-hour onsite direct care staff.

learn skills, such as:

## **Nursing Facility Transition to Assisted Living Facilities**



If you are living at home or in a nursing facility, you can transfer to an assisted living facility to avoid nursing facility institutionalization. You will receive services to such as support with daily living activities, medication oversight,

If you are, were, or are at risk for homelessness, you can receive mentoring to

## Day Habilitation Programs (only for Kaiser Permanente members)



Cooking and cleaning Managing personal finances

Using public transportation

## After hospitalization, if you are without stable housing and still need to heal from an injury or illness, you may receive short-term residential care also

called recuperative care.

**Recuperative Care (Medical Respite)** 



**Caregiver Services (Respite Services)** Short-term relief for your caregivers. You may receive caregiver services in



your home or in an approved facility on an hourly, daily, or nightly basis as needed.

#### **Home Modifications** Physical changes can be made to your home to improve your health, safety,

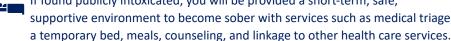


#### **Asthma Remediation** Physical modifications can be made in your home to avoid acute asthma



filtered vacuums, dehumidifiers, air filters, and ventilation improvements.

## **Sobering Centers**



If found publicly intoxicated, you will be provided a short-term, safe, supportive environment to become sober with services such as medical triage,



**Community or Nursing Facility Transitions to a Home** 

If you are transitioning from a nursing facility to a private residence where you

will be responsible for your expenses, you can receive funding for security deposits, set-up fees for utilities, and health-related appliances, such as air conditioners, heaters, or hospital beds.

**Short-Term Post Hospitalization Housing** (only for Kaiser Permanente Members)

You can receive temporary housing if you have been discharged from an inpatient clinical setting, residential SUD treatment or recovery facility, residential mental health treatment facility, correctional facility, nursing facility, or recuperative care.

and independence Changes include ramps and grab-bars, doorway widening

if you use a wheelchair, stair lifts, or making bathrooms wheelchair accessible.

episodes due to environmental triggers like mold. Modifications can include